



AT HOME

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Holiday Shenanigans

Musical entertainment, crafting, nibbles with friends, and getting people together are what the holidays are all about. At UHISL this holiday season provided several opportunities for members to try something new and to get out and enjoy each other's company.

Our annual gift swap was a lot of fun, and more than a few laughs were had. We enjoyed some wonderful treats at our member holiday party, including Grinch fluff! Members were visited by Santa and delighted with the addition of a new shuffleboard table for the Multi-Purpose Room. We are looking forward to enjoying games throughout the winter.

We've made some wonderful memories this year and as we look forward to 2026, we are excited to see what the new year will bring.

Happy Holidays & Happy New Year!



Pictured above are Gary Parker and Leroy Hansen. Left are Peg Caswell and Nancy Kear at the member holiday party.



Goldenaires Perform

The Goldenaires recently performed their annual holiday concert at UHISL. The Goldenaires are a barbershop chorus and a UHISL favorite, entertaining frequently throughout the year.

The Goldenaires were founded in 1961, with members ranging from 18 to 84 years of age! You can learn more about the Goldenaires here:

<https://www.facebook.com/CantonGoldenaires>



Hockey Night in Potsdam

Members cheered on their favorite teams at Cheel Arena in Potsdam. The Clarkson Knights Women's hockey team battled their rivals, the skating Saints of St. Lawrence University.

The Lady Knights bested the Saints in overtime final with a score of 4-3. Learn more about the Lady Knights here:

<https://clarksonathletics.com/sports/womens-ice-hockey>



Looking Forward to:

The 5 Dots

Thursday, January 8th
12:45 pm
Dining Room

Breakfast at Crave Cafe

Tuesday, January 13th
9:30 am
Meet in Lobby
*Register by Thursday, January 8th

Trivia

Thursday, January 8th & 22nd
11:00 am
Dining Room

Shuffleboard Tournament

Tuesday, January 20th
12:30 pm
Dining Room
*Register by Friday, January 16th

VISIT US VIRTUALLY: WWW.UNITEDHELPERS.ORG OR CALL TO SCHEDULE A PRIVATE TOUR (315) 379-1428

NEIGHBORHOOD NOTES

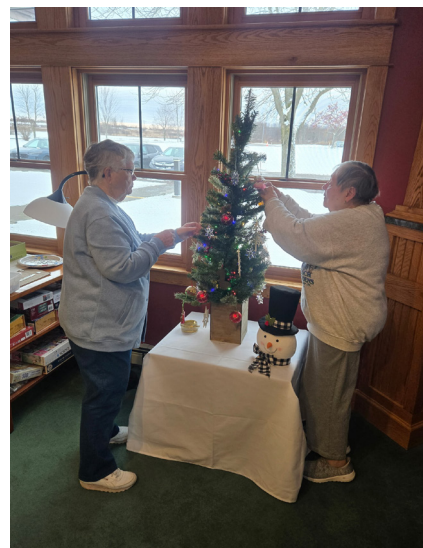
It wasn't exactly the Hatfields vs the McCoys, but members showed their competitive spirit with the holiday kickoff Tree Decorating Contest! UHISL pitted the east wing against the west wing in a "battle" to create the most festive tree. Teams were tasked with decorating their four-foot trees, testing their creativity and teamwork skills. It was a great way to ring in the holiday season and get our members feeling festive! Pictured right are Peg Caswell and Nancy Kear working on their tree.

December was jam-packed with holiday events! From the musical entertainment of the Goldenaires, Jenn Kessler & Mike, the Carriage House Quartet, and children's concert, to the antics of "Clarke" our resident Elf on the Shelf, crafts, and our annual holiday party and gift exchange, there was truly something for everyone to enjoy.

We also can't forget to mention our trip to Clarkson's Cheel Arena to watch the women of the Golden Knights hockey team. What a game!

As we welcome 2026, we want to take a moment to thank all of the UHISL staff who work so hard to go the extra mile to bring these events to life! Their dedication to our members is priceless!

Happy New Year!



**Happy New Year
2026!**



Crafting Ornaments

UHISL Members learned how to create their own ink painted ornaments, just in time for the holidays! Pictured left, first row is Vernice Church. Second row is Jane Daby, Patti Woods, Catherine Dalton, Peg Caswell and Virginia Jackson. Back row is Jane Ault, Deb Rycroft, and Kris Rozzelle, instructor and owner of Kris A Lis Design.

Pictured right, working on their ornaments are Peg Caswell and Virginia Jackson.

Learn more about Kris A Lis Design here:
<https://www.facebook.com/krisalisdesign>



Talented Duo

Jenn Kessler and Michael Walsh provided the entertainment at this year's member holiday party.

Thanks for spending an afternoon with us!

Happy Birthday to:

January

Ellen Burns- 11th

Vernice Church - 16th

Donald Carpenter - 22nd

Carriage House Quartet

Members enjoyed the sounds of the Carriage House Quartet, a professional string quartet based out of Potsdam, NY.

Members of the quartet include Maggie McKenna, Jennifer Kessler, playing the violin; Erin Brooks on the viola; and Robert Docker on Cello.

You can learn more about the Carriage House Quartet here:
<https://www.carriagehousequartet.com/>



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